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### Mission Statement

The Oldenburg Franciscan Center fosters the Franciscan values of peace-making, reconciliation and reverence for Earth and all people by providing a prayerful gathering place for those who seek to grow in their relationship with God.

### April

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Meet the OFC Staff!

**S. Olga Wittekind**, Ph.D. is a clinical psychologist trained at St. Louis University and is a Jungian Analyst trained in Zurich and Chicago. She is the Director of the Oldenburg Franciscan Center. S. Olga is a Franciscan Sister who has taught clinical psychology at Marian University, Indianapolis. She enjoys combining psychology and spirituality, and presents workshops and retreats on these subjects. She is a therapist and spiritual director.

**Mary Waskewich** is the Program and Administrative Coordinator. She is motivated by opportunities that allow her to integrate her passions and skills into projects and programming that drive positive change. Whether it’s programming to further develop and enrich spirituality or implementing wellness initiatives, she is motivated while organizing programs and activities in accordance with the mission and goals of the OFC.

**Beverly Wilson** is an art teacher, photographer and graphic designer/digital media specialist. She received her BA from Purdue and her MAE from Ball State. She is the graphic design specialist for the Oldenburg Franciscan Center and the webmaster for OFC and the Sisters of St. Francis.
Drumming Circle

Feel free to bring your own drum or we can provide one for you.

Alternating: Tuesday Mornings (10:30am) and Wednesday evenings (6:30pm)

Leon Enneking, Drumming Facilitator

Freewill Donation

JANUARY
Tuesday, January 11, 2022
Wednesday, January 19, 2022
Tuesday, January 25, 2022

FEBRUARY
Wednesday, February 2, 2022
Tuesday, February 8, 2022
Wednesday, February 16, 2022
Tuesday, February 22, 2022

MARCH
Wednesday, March 2, 2022
Tuesday, March 8, 2022
Wednesday, March 16, 2022
Tuesday, March 22, 2022
Wednesday, March 30, 2022

APRIL
Tuesday, April 5, 2022
Wednesday, April 13, 2022
Tuesday, April 19, 2022
Wednesday, April 27, 2022

MAY
Tuesday, May 3, 2022
Wednesday, May 11, 2022
Tuesday, May 17, 2022
Wednesday, May 25, 2022
Tuesday, May 31, 2022

JUNE
Wednesday, June 8, 2022
Tuesday, June 14, 2022
Wednesday, June 22, 2022
Tuesday, June 28, 2022
OFC Coffee Talks
Free to the public, donations appreciated!
“Transform & Transcend: Doing My Inner Work”

EFFORTLESSNESS, CAREFREENESS, HARMONY & LOVE
Sun., Jan. 23rd
10:45 am—noon

S. Olga Wittekind PhD
(Jungian Analyst)

We are travelers on a cosmic journey, and this “moment” is a little parenthesis in eternity. Everything in life is an expression of the spirit unfolding spontaneously in you, as you evolve into higher levels of creativity, awareness and divinity. If you share your care, lightheartedness and love, you will create abundance and joy for others and yourself. And then this “moment” will have been transformative!

POTENTIALITY
Sun., Feb. 20th
10:45 am—noon

S. Mary Ann Stoffregen
(Co-Director of Archives)

How can you experience potentiality? One way is through the practice of silence and meditation. This means tuning out the world and taking some time to simply Be. Stillness is the first requirement for all possibilities and infinite creativity. In stillness you connect with the God of all possibilities. “Be still, and know that I am God.” Psalm 46:10

PURPOSE IN LIFE
Sun., March 13th
10:45 am—noon

Jane Schaefer
(Co-Director of Associates)

Everyone has a purpose in life – a unique gift or special talent to share with the world. For every unique talent, there are also unique needs. Nurture the divinity in you by carrying the timeless Being (God) into the midst of your time-bound experiences. When you blend your unique talents with service to others, you experience the ecstasy and exultation of your spirit!
**OFC Coffee Talks**

Free to the public, donations appreciated!

“Transform & Transcend: Doing My Inner Work”

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**INTENTION AND DESIRE**

Claire Sherman, PhD  
(Clinical Psychologist)

Sun., April 3rd  
10:45 am—noon

Intention is the real power behind desire because it is desire without attachment to the outcome. Whatever you put your attention on grows stronger in your life. You don’t need to look at yourself through the eyes of the world, or allow yourself to be influenced by the opinions of others. Remain in the awareness of your true Self, the God within.

**GIVING AND RECEIVING**

S. Amy Kistner  
(Pastoral Minister)

Sun., May 15th  
10:45 am—noon

Abundance has a material expression, but what is really circulating is consciousness. Even the thought of giving, the thought of blessing, or a simple prayer has the power to affect others. We are bundles of thought in a thinking universe, and thought has the power to transform. “It is in giving that we receive.” ~ St. Francis of Assisi

**ACTION, CONSEQUENCES & DETACHMENT**

Jennifer Profitt  
(Medical Professional)

Sun., June 19th  
10:45 am—noon

If you wish to transform your actions, look for the seed of opportunity within every adversity, and recognize that seed as opportunity. Accept uncertainty and remain open to all possibilities, enjoying every moment in the journey of your life - all the fun, mystery and magic of life!
Programs & Retreats

“A day of quiet renewal
Fridays: 1/21, 2/18, 3/11, 4/1, 5/13, 6/17
9:00 am – 4:00 pm
$20 / $70 with Spiritual Direction

Experience a day of renewal and relaxation. Take time out of your busy schedule to spend some quiet time on the grounds of the Sisters of St. Francis. Explore our library, grab a comfy chair and read, journal or just gaze out the window. Experience Spiritual Direction with a Sister. Spend time to center and renew yourself. God is waiting!

Sign Language: The Three C’s

Louise Burns
Maryann Barth

Wednesdays, January thru June
1:00 pm – 2:30 pm
$70 for 14 sessions

Do you enjoy learning and having fun? Come join us to learn, laugh and enter into the world of the 3 C’s: Community, Culture, Connection.

C #1 The Deaf Community: Who is in the Deaf Community?

C #2 Culture: What is culture and is there a Deaf Culture?

C #3 Connection: How can we welcome our Deaf and hard-of-hearing individuals and become an inclusive community?

This 14 week session will teach how to communicate with Deaf and hard-of-hearing people with sign language and other communication techniques, explore Deaf Culture and how we can be an inclusive community for the people who live in the world of eyes and hands...the ‘eye’ people. In these 14 weeks, basic sign language and a short journey into the Deaf World will be explored. Come join us for this adventure!

ALL ARE WELCOME!!!

A Day Of Quiet Renewal

Fridays: 1/21, 2/18, 3/11, 4/1, 5/13, 6/17
9:00 am – 4:00 pm
$20 / $70 with Spiritual Direction

“Who looks outside, dreams; who looks inside, awakes.”
~Carl Jung
We will explore what Jung called the Spirit of the Times and the Spirit of the Depths in his Red Book. The Spirit of the Times is our identity, our Persona, the dimension we live day to day in our outer world. The Spirit of the Depths is the inner world, the inner calling for meaning, spirituality and insight. We will explore the outer self and the call of the inner Self, the God within! Come for this spiritual journey!

HILDEGARD OF BINGEN
S. Olga Wittekind, PhD
(Jungian Analyst)

Sat., Feb. 19th
9:30am-11:30am
$25

A Benedictine nun of the 12th century, Hildegard of Bingen, Germany was a mystic, musician, pharmacist, gardener, and Abbess. Her experience of God as “Light” began as a young child living as an anchoress. We can draw much inspiration from her visions, writing, and images! Come spend time learning from this holy woman and newest female Doctor of the Church!
“During Lent, let us find concrete ways to overcome our indifference”
~Pope Francis

Lenten Series: A Journey to Cosmic Wholeness

Thursdays, March 10th - 31st
March 10th - 31st
6:30 – 8:00 pm
Bruce Garrison, Pastor of Dwelling Place Church
$15 per session/ or $55 for all

There is an ultimate universal plan that envisions all of humankind and all of creation embodying the divine. What is the ultimate goal and how do we get there? Love and compassion play a major role, and they will lead us to our destination with Christ in his ultimate reflection of the love of God!
Programs & Retreats

**Lenten Series #1**
**Fragmented Faith**
Thurs. March 10th
6:30 – 8:00 pm

We start our journey with a historical overview of how faith has been fragmented over the centuries. Come and learn how the forces within faith communities and spiritual traditions have impacted the churches of today!

**Lenten Series #2**
**Understanding Wholeness**
Thurs. March 17th
6:30 – 8:00 pm

What does it mean to attain wholeness? What did Jesus say about wholeness? What do other faith traditions say? How can wholeness be lived out in our distorted and hostile society? Come for a new challenge!

**Lenten Series #3**
**Spiritual Hotspots**
Thurs. March 24th
6:30 – 8:00 pm

Throughout history there have been “spiritual hotspots,” individuals or communities who embodied the presence of the divine in such a way that others were positively impacted and the world moved forward on its trajectory toward Cosmic Wholeness. Who were some of those and what might a hotspot look like today?

**Lenten Series #4**
**Cosmic Wholeness**
Thurs. March 31st
6:30 – 8:00 pm

There is an ultimate universal plan that envisions all of humankind and all of creation embodying the divine. What is the ultimate goal and how do we get there? Love and compassion play a major role, and they will lead us to our destination with Christ in his ultimate reflection of the love of God!
Programs & Retreats

“A man is whole
only when he takes into account his shadow
as well as himself....”
~Djuna Barnes

AdVenture into Our UnCOnSCiOuS:
Meeting Our Shadows, both Negative & Golden Part 2
Sat., March 12th
9:30am-11:30am
S. Olga Wittekind, PhD
Claire Sherman, PhD
(Clinical Psychologists)
$25/$40 CEU’s

We will explore our inner darkness by embracing our negative shadow, which includes our depressed thoughts and fears. This requires a dropping down into the unpleasant regions of our being in order to find inner freedom. We will also meet our golden shadow that is our giftedness. Using Jung’s description of his own journey to meet his shadow, written in his Red Book, we will be able to facilitate our own inner journeys!

AdVenture into Our UnCOnSCiOuS:
Our Self, the God Within Part 3
Sat., April 2nd
9:30am-11:30am
S. Olga Wittekind, PhD
Claire Sherman, PhD
(Clinical Psychologists)
$25/$40 CEU’s

The Self is the essence of wholeness. It is an integration of the many aspects of the unconscious with the conscious aspects of ourselves. We will see how the Individuation Process, to reach our True Selves, is depicted in Jung’s Red Book. Join us as we explore our journeys to wholeness!
“Creativity is an inherent human quality of the highest order. When we create, we become more than the sum of our parts.”
~Yanni

Creativity Is a Form of Prayer: Card Making
Sat., April 30th
9:30am-2:30pm
$45 - (lunch and materials included)

S. Kathleen Branham
Joan Horner
(Stampin’ UP! Demonstrator)

Creating something with your own hands and heart is a wonderful way to journey toward God. It expresses what lies deep within that words can’t often express. The intention of the act of creating is to open one’s heart to listening to God and allowing God to speak through the creative piece.

If we take something that we love to do and invite God into the midst of the activity, this experience can be transformed and can be used to develop an ever closer relationship with God. This invitation becomes a sacred moment of connectedness with our Creator. It becomes another form of prayer.
We will explore the teachings of Meher Baba of India (1894 – 1969), who claimed “I have come not to teach but to awaken.” Baba maintained silence for the last 44 years of his life, yet he travelled the world to spread his message of love and to bring together all religions “like beads on a string.” Baba also gave the message of “Don’t worry be Happy,” as a directive to his disciples in the 1930’s, long before the Bobby McFerrin song! Meher Baba also had a special connection to St. Francis! Come learn about this celebrated Spiritual Master!

“No amount of prayer or meditation can do what helping others can do.”
~Meher Baba
Love to create? Using intuition and imagination, you can create fascinating and beautiful SoulCollage® cards that reflect you and your inner wisdom! Come with us on this journey of self-knowledge and self-expression through a fun and easy art process that anyone can do! With nothing but a pair of scissors, glue, and images from photos or magazines, you can enter the fun and profound world of SoulCollage®! All experience levels are welcome! Join us to be amazed by the insight your inner world is ready to reveal to you!
**Prayer & Spirituality**

“When you can’t put your prayer into words, God hears your heart.”

**Contemplative Prayer**  
Wednesdays, 2:00 - 3:30 pm  
S. Olga Wittekind, OSF  
(Psychologist and Spiritual Director)  
Jan. 5   Feb. 2    March 2  
April 6    May 4     June 1

Guided by modern contemplatives like Merton, Keating, and Rohr, we practice contemplative prayer, share God’s movement in our lives, and reflect on our experiences through the process. All are welcome! Freewill Donation.

**Spiritual Direction**  
by appointment

As we advance in our journeys with God, we often need the support of a “listening other” to help guide and encourage us along the way. Several of our Franciscan Sisters and Associates are trained in the art of spiritual direction and have years of experience listening and helping others recognize and attend to God’s movement in their lives. Contact us to learn more! 812-933-6437.

**Counseling**

Whether you face anxiety, depression, or are struggling with changes in your life… counseling can help!! Licensed psychologists available: 812-212-0371.
Meet Our Spiritual Directors

**S. Janet Born, OSF** is a spiritual director with an interest in adult spiritual formation. She loves sharing with spiritual seekers.

**S. Marj English, OSF** is a spiritual director who loves the ministry because she palpably experiences the presence of God in the process.

**S. Kathleen Mulso, OSF** is a spiritual director who completed Jesuit Training in the Spiritual Exercises and has an interest in Franciscan & Everyday Spirituality.

**S. Barb Piller, OSF** is a spiritual director, educator and leader. She enjoys walking with others on their spiritual journey.

**S. Ann Vonder Meulen, OSF** has served as a spiritual director and offers a variety of art retreats at OFC and the Jesuit Spiritual Center in Cincinnati.

**Christy Wesselman** is a spiritual companion, retreat and workshop facilitator and Associate with the Sisters of St. Francis, Oldenburg.

**S. Olga Wittekind, OSF** is a Jungian Analyst and spiritual director. She enjoys working with Dreams.